

## EVENT PRESS RELEASE

### CONTACT INFORMATION:

Believe Psychology Film Festival

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Tamika Damond, Ph.D. presents the 4th annual Believe Psychology Film Festival, a 3-day hybrid event celebrating films inspired by themes of psychology. This event is sponsored by the Los Angeles County Department of Mental Health Prevention and Early Intervention Program.

Los Angeles, CA— On June 2- 4, 2023, Believe Psychology Film Festival will showcase authentic stories in short films, features, animations and documentaries to honor May's Mental Health Awareness Month. The films will explore topics related to psychology such as depression, anxiety, recovery, trauma, relationships, resiliency, identity and more. Afterwards, there will be an opportunity to dialogue with filmmakers about their film and its contribution to mental health awareness.

**"Our vision in celebrating psychology movies is to reduce the stigma of mental illness by increasing the world's exposure to mental healing." — Dr. Damond**

Tamika Damond, Ph.D. is a Clinical Psychologist licensed in California and owner of Believe Psychology Group, Inc., a private practice located in downtown Los Angeles. She provides culturally competent therapeutic services and organizes community engagement events.



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